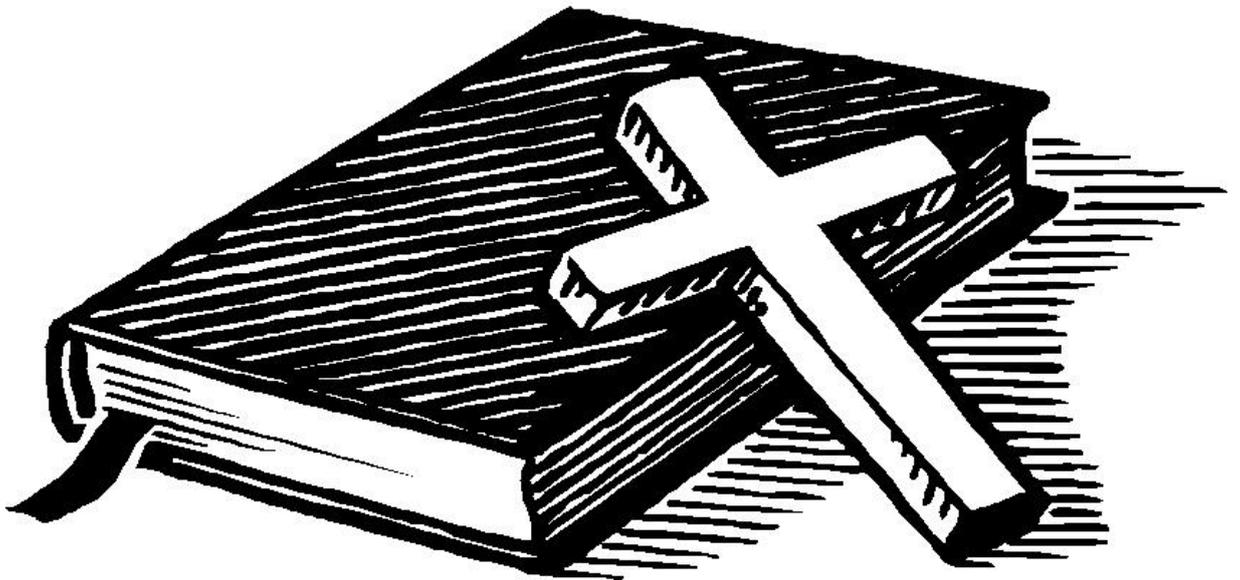


**SToM&LP**

THE PARISH OF ST MARY & ST PAUL



# **ZOOM SERVICE OF WORD & SACRAMENT**



**A SERVICE OF BIBLE READINGS  
AND PRAYER  
with HOLY COMMUNION**

## **A time of silent prayer precedes the service.**

*Please pray for all those who will be involved in leading today's service.*

*You are invited to join in this important time of preparation for us all, remembering that we should: 'Speak to God before the Service and to one another after it'.*

Prayer is a great weapon, a rich treasure, a wealth that is never exhausted, an undisturbed refuge, a cause of tranquillity, the root of a multitude of blessings, and their source.

- St. John Chrysostom

We have not deserved the opportunity to pray; but God, in his goodness, has permitted us to speak to him. Our prayer is an incense which he receives with extreme pleasure. My children, your heart is poor and narrow; but prayer enlarges it, and renders it capable of loving God. Prayer is a foretaste of Heaven, an overflow of paradise. It never leaves us without sweetness. It is like honey descending into the soul and sweetening everything. Troubles melt away before a fervent prayer like snow before the sun. Prayer makes time pass away very quickly, and so pleasantly that one does not perceive how it passes. - St. Curé d'Ars

## **Prayers of Preparation**

*Prayer attributed to St. Francis of Assisi who said to his followers:*

*"Preach the Gospel. Use words if necessary."*

Lord, make me an instrument of your peace:

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek

To be consoled as to console,

To be understood as to understand

To be loved as to love.

For it is in giving that we receive,

It is by pardoning that we are pardoned,

It is in dying that we are born to eternal life.

*Prayer of St Francis before the Crucifix of San Damiano.*

All - highest, glorious God, cast your light into the darkness of my heart. Give me true faith, firm hope, perfect love and profound humility with wisdom and perception, O Lord, so that I may do what is truly your holy will. Amen.



# **The Gathering**

*A bell is rung.*

Entrance Antiphon

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

## **The Greeting**

*The president greets the people*

The Lord be with you

**and also with you.**

*or*

Grace, mercy and peace from God our Father

and the Lord Jesus Christ be with you

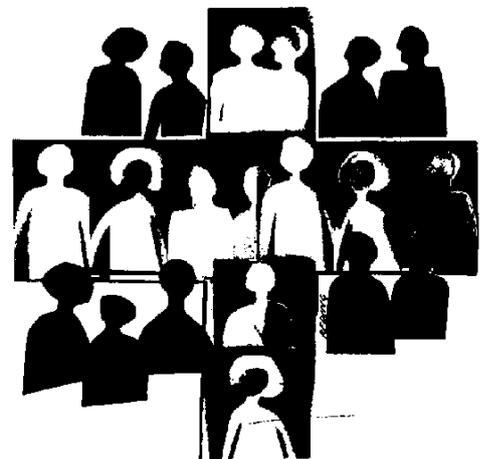
**and also with you.**

*The president welcomes everyone and introduces the theme of the service*

## **Prayer of Preparation**

*A prayer of preparation may be said*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**



### **Orthodox Prayer for the Assistance of the Holy Angels**

○ Lord our Master and our God, you have appointed the heavenly Orders and the hosts of angels and archangels to minister to your glory; grant that your holy angels may now accompany us, to minister with us and to glorify your goodness.

**For all glory, honour and praise are due to you, Father, Son and Holy Spirit, now and always and forever and ever. Amen.**

## Prayers of Penitence

### Summary of the Law

Our Lord Jesus Christ said: The first commandment is this:  
'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart, with all your soul,  
with all your mind, and with all your strength.'  
The second is this: 'Love your neighbour as yourself.'  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.  
**Amen. Lord, have mercy.**

*A minister uses a seasonal invitation to confession.*

*(A time of silent reflection follows)*

**Almighty God, our heavenly Father,  
we have sinned against you and against our neighbour in  
thought and word and deed, through negligence,  
through weakness, through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ, who died for us, forgive  
us all that is past and grant that we may serve you in newness of  
life to the glory of your name. Amen.**

*The president tells us that all who repent are forgiven,  
and prays that we may be strengthened.*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**



*The Gloria in excelsis is said*

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father  
Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words  
'Let us pray' or a more specific bidding.*

*The Collect is said, and all respond*  
**Amen.**

## **The Liturgy of the Word**

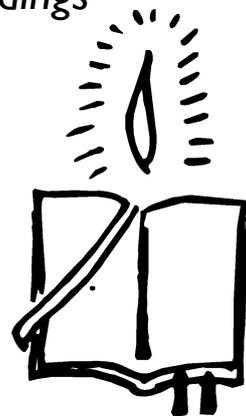
### **Readings**

*Either one or two readings from Scripture precede the Gospel reading.  
A psalm or canticle may be said or sung between readings*

*At the end of each the reader says*

This is the word of the Lord.  
**Thanks be to God.**

*The response to a **psalm** may be introduced*



### **The Proclamation of the Gospel**

*A minister makes the Gospel Acclamation*

*A seasonal sentence may be used, alleluias may be said or sung*

**Alleluia**

The Lord be with you  
**and also with you.**

*The Gospel is announced.*  
**Glory to you, O Lord.**

*At the end:*  
This is the Gospel of the Lord.  
**Praise to you, O Christ.**



### **The Sermon**

*(Quiet reflection follows)*

## The Creed

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
*was incarnate from the Holy Spirit and the  
Virgin Mary and was made man.***

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
*who proceeds from the Father and the Son,*  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**



## The Intercession

In the power of the Spirit and in union with Christ let us pray to the Father.

*The leader may use these  
or other petitions*

Lord, in your mercy,  
**Hear our prayer.**

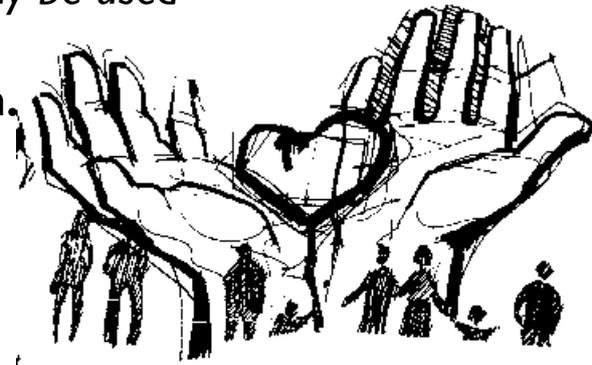
or

Lord, hear us.  
**Lord, graciously hear us.**

**Hail Mary**  
**Hail Mary, full of grace, the  
Lord is with thee. Blesséd art  
thou among women, and  
blesséd is the fruit of thy  
womb, Jesus.**  
**Holy Mary, Mother of God,  
pray for us sinners, now and  
at the hour of our death.**  
**Amen.**

*During prayers for the departed the following may be used*

Rest eternal, grant unto them, O Lord,  
**and let light perpetual shine upon them.**  
May they rest in peace,  
**and rise in glory.**



*The prayers may end with  
Merciful Father,*

**accept these prayers for the sake of your Son,  
our Saviour Jess Christ. Amen.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we  
forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom, the power,  
and the glory, for ever and ever. Amen.**

*The end of the service of the Word*

The peace of the Lord be always with you  
**and also with you.**

Go in the peace of Christ.

**Thanks be to God.**

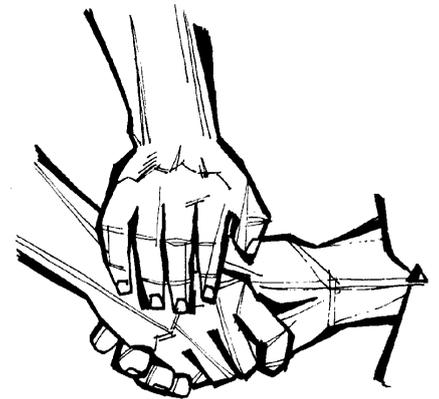
*The Service of the Word ends with the sending out in peace, the traditional start of the service of the Sacrament. We now have a break!*

## ***The Liturgy of the Sacrament***

*The president introduces the peace*

The peace of the Lord be always with you  
**and also with you.**

**The Peace**



## **The Preparation of the Gifts**

*This or another prayer may be used*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

*The president takes the gifts and may say two prayers;  
all respond:*

**Blessed be God for ever.**

### **Orate Fratres**

Pray my brothers and sisters that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his Church.**

*The Prayer over the Offerings follows and all respond:*

**Amen.**

### **The Eucharistic Prayer**

*During the Eucharistic Prayer, the president asks that by the power of God's Holy Spirit the bread and wine may become our spiritual food and drink, and repeats over them the words used by our Lord Jesus Christ at the Last Supper. Our thanks and praise are offered to God the Father through his Son our Lord.*

The Lord be with you.

*or*

The Lord is here.

**And also with you.**

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The president praises God for his mighty acts and all respond*

**Holy, holy, holy Lord,**

**God of power and might,**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blesséd is he who comes in the name of  
the Lord. Hosanna in the highest.**

*The president recalls the Last Supper,  
and this acclamation is used*

Great is the mystery of faith.

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

or Christ is the bread of life.

**When we eat this bread  
and drink this cup,  
we proclaim your death,  
Lord Jesus,  
until you come in glory**

*The prayer continues and leads into the doxology,  
to which all respond boldly*

**Amen.**

*or*

**Blessing and honour and glory and power be yours for ever  
and ever. Amen.**

*Silence is kept*

## **The Lord's Prayer**

Let us pray with confidence as our Saviour  
has taught us:

**Our Father, who art in heaven,**

**hallowed be thy name;**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses, as we  
forgive those who trespass against us.**

**And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom, the power,  
and the glory, for ever and ever. Amen.**

## Breaking of the Bread

*The president breaks the consecrated bread*

We break this bread to share in the Body of Christ.

**Though we are many, we are one body  
because we all share in one bread.**

*The Agnus Dei may be said as the bread is broken*

**Lamb of God, you take away the sin of the  
world, have mercy on us.**

**Lamb of God, you take away the sin of the  
world, have mercy on us.**

**Lamb of God, you take away the sin of the  
world, grant us peace.**

*or these words may be used*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**



### **Orthodox Prayer before receiving Communion**

I believe, Lord and confess, that you are the Christ, the Son of the living God, who came into the world to save sinners, of whom I am the chief. I believe also that this is indeed your most pure Body, and this is indeed your most precious Blood.

Wherefore I pray: Have mercy on me and pardon my offences.

**Receive me now, O Son of God, as a partaker of your mystical supper;  
for I will not betray your Mystery to your enemies, nor give you a kiss like  
Judas, but like the thief I will confess you: Remember me, Lord, in your  
Kingdom.**

### **Methodist Prayer before receiving Communion**

Come to this sacred table, not because you must but because you may; come, not to declare that you are righteous, but that you desire to be true disciples of our Lord Jesus Christ: come, not because you are strong, but because you are weak; not because you have any claim on heaven's rewards, but because in your frailty and sin you stand in constant need of heaven's mercy.

## Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**



*The Communion Antiphon may be said*

*During the silence we receive the Lord in our hearts.*

## Prayer after Communion

*Silence is kept.*

*The president says the Prayer after Communion and all respond*

**Amen.**



## The Dismissal

The Lord be with you  
**and also with you.**

*The president gives the blessing and all respond*

**Amen.**

## The Blessing

## Banns & Notices

## The Offering of our Children and Young People

A minister says

Go in peace to love and serve the Lord.  
**In the name of Christ, Amen.**



### **Prayer for after the service in thanksgiving to Jesus in his Sacramental presence**

*'We should consider those moments spent before the Blessed Sacrament as the happiest of our lives.'* Saint John Vianney, the Curé d'Ars.

O saving Victim, opening wide  
The gate of heaven to man below,  
Our foes press hard, on every side;  
Thine aid supply; thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end  
In our true native land with thee. Amen

Blesséd, Hallowed, and Adored be Our Lord Jesus Christ on his throne of grace and in the most Holy Sacrament of the Altar. Amen.

Lord Jesus Christ, we thank you that in this wonderful sacrament  
you have given us the memorial of your passion:  
grant us so to reverence the sacred mysteries of your body and blood  
that we may know within ourselves and show forth in our lives  
the fruits of your redemption; for you are alive and reign with the Father in the unity of the  
Holy Spirit, one God, now and for ever. Amen



**Mary & Jesus**

June 2020 2.0



**Paul**

©CCLI Licence 766563

Common Worship: Services and Prayer for the Church of England & Times and Seasons, material from which is included in this service is copyright © The Archbishops' Council 2000 & 2006.